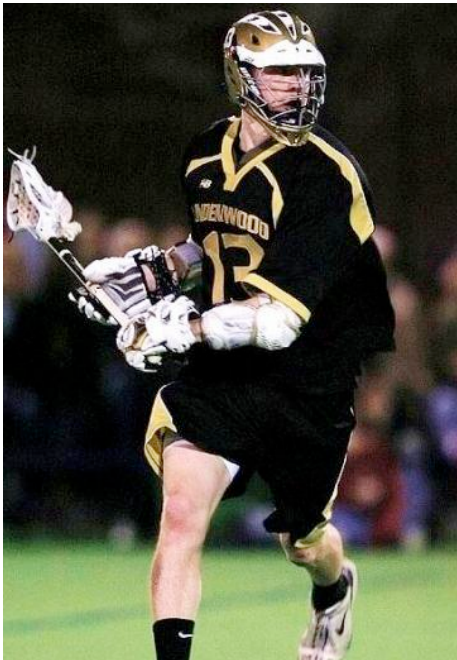


# LION LACROSSE CAMP



**JULY 13<sup>TH</sup> – 16<sup>TH</sup>**

**Hunter Stadium, St. Charles MO  
Home of the Lindenwood Lions**



## Head Coach

Troy Hood



### Career Record

**88 – 42 (.676)**

One of the most respected coaches in the USL-MDIA; he has brought the lacrosse program at Lindenwood to the forefront on a national stage. His ability to recruit and coach high quality student-athletes over the past four years has been unmatched.

Hood's career coaching record in four seasons at Lindenwood is 59-23; his career record at home in Hunter Stadium is an astonishing 48-5. To go along with three GRLC Conference Championships (2005, 2006, 2007) & three National Tournament appearances (2005, 2006, 2007)

In 2007, the Lions, once again, repeated as GRLC Conference Champions (12-7 overall, 5-0 GRLC) A No. 14 National ranking. Hood's largest graduating class (seven) included two Academic All-American selections and one GRLC Conference Play-off MVP.

In 2006, Hood led the team to an amazing (17-4 overall, 9-0 GRLC) record, a national rankings as high as tenth, and had two players selected to the USL-MDIA All-America team.

In 2005, Hood guided Lindenwood to a school record for wins (19-3 overall, 9-0 GRLC), a #13 National ranking, and had two players selected to the USL-MDIA All-America team, and one Academic All-American; both a first for the program.

## Description

The focus of the Lindenwood Lacrosse Camp is to provide quality instruction on the fundamental skills of the game with an emphasis on the individual player's role as a member of a team. Whether a beginning player new to the game or an experienced player looking to improve his game to the next level, each camper will benefit from the small instructor to student ratio

What you get:

- Four evenings instruction from the LU coaching staff, team members, alumni, and special guests under the lights at Hunter Stadium on the campus of Lindenwood University
- Position specific training in a "station" format which allows exposure to a variety of concepts in a short period of time
  - a. Shooting
  - b. Passing
  - c. Ground Ball Play
  - d. Checking
- Specialty skill training for Goalies and Face-Off Specialists with video analysis
- Training in Team Concepts
  - a. Team Offense and Team Defense
    - *Transition and Settled*
  - b. Extra Man Offense and Man-Down Defense
  - c. Riding and Clearing
- Camp T-Shirt
- Competitions Prizes and Giveaways

**Sign Up Online @**

[www.bravelax.com](http://www.bravelax.com)

# ***LION LACROSSE CAMP***

## **Register @ [www.bravelax.com](http://www.bravelax.com)**

### **Lion Lacrosse Camp**

- For Boys Grades 9 – 12
- Hunter Stadium (St. Charles, MO)
- July 13<sup>th</sup> – 16<sup>th</sup>
- 6:00 PM – 9:00 PM
- Cost Per Camper: \$220
- Register Online @ [www.bravelax.com](http://www.bravelax.com)
- Each Camper will receive a T- Shirt & Jersey
- Equipment: Each camper must provide their own equipment.
  - Helmet
  - Gloves
  - Shoulder Pads
  - Arm Guards
  - Stick
  - Mouth Guard
  - Athletic Shoes
- Team gear will be available for purchase

### **Registration**

*(Please Print)*

Name  
Address  
City  
State, Zip  
Phone  
Email  
Emergency Contact  
Emergency Phone  
Grade  
School  
Position  
T-Shirt Size S M L XL XXL

### **Waiver**

LINDENWOOD UNIVERSITY  
PARTICIPANT  
WAIVER AND HOLD  
HARMLESS FORM

ACTIVITY: Lacrosse Camp  
1. In consideration for receiving permission to participate in physical education classes, athletic events, athletic camps, extracurricular activities, and field trips (herein referred to as ACTIVITY), which are sponsored by Lindenwood University (herein referred to as SPONSOR), I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO HOLD HARMLESS for any and all purposes SPONSOR, Lindenwood University, its Board of Directors, and their officers, agents, volunteers, or employees (herein referred to as RELEASEES) FROM ANY AND ALL LIABILITIES, CLAIMS,

DEMANDS, OR INJURY, INCLUDING DEATH, that may be sustained by me while participating in such ACTIVITY, travel to and from the activity, or while on the premises owned or leased by RELEASEES, including injuries sustained as a result of the negligence of RELEASEES. I acknowledge there may be physically strenuous activities. I am able to participate in this activity and I know of no medical, physical, or mental, reason why I should not participate.

2. I am fully aware that there are inherent risks involved with ACTIVITY, and I choose to voluntarily participate in said ACTIVITY with full knowledge that said ACTIVITY may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me as a result of participating in said ACTIVITY, including injuries sustained as a result of the negligence of RELEASEES. I further agree to indemnify and hold harmless the RELEASEES for any loss, liability, damage or costs, including court costs and attorney's

fees that may occur as a result of my participation in said ACTIVITY.

3. I authorize university staff and other medical personnel to take any action deemed necessary in case of emergency medical situations. I understand that RELEASEES may not maintain insurance covering circumstances arising from my participation in this ACTIVITY or any event related to that participation. As such, I am aware that I should review my personal insurance coverage and my personal insurance will be used in all cases.

4. It is my express intent that this Covenant Not to Sue and Agreement to Hold Harmless shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Missouri.

5. In signing this Covenant Not to Sue and Agreement to Hold Harmless, I acknowledge and represent that I have read the foregoing Covenant Not to Sue and Agreement to Hold Harmless, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements apart from the foregoing agreement that has been reduced to writing have been made. I execute

this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future.

Participant Signature:

Printed Name:

Insurance Company & Policy #

Date:

Telephone:

Parent or Legal Guardian Printed Name & Signature:  
(If Participant is under 18 years old)

**Registration can be printed  
and mailed to:  
P.O. Box 12433 Olivette, MO  
63132  
With checks made payable  
to Brave Lacrosse  
or  
Sign Up Online @  
www.bravelax.com**